

Morning Snacks:  
A variety of crackers, yogurt, breakfast bars, cottage cheese and fruit are served with juice or milk.



# Little Learners October 2019



Afternoon Snacks:  
Mon: Cheese and Cracker  
Tues: Pretzels and Cottage Cheese  
Wed: Graham Crackers and Milk  
Thurs: Yogurt and Animal Crackers  
Fri: Nutri-Grain Bar and Milk

Lunch: Milk is served with lunch each day.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30 Chicken Parmesan Mixed Vegetables Peaches	1 Biscuits with Sausage Gravy Pears Rosy Applesauce	2 Fish Sandwich Carrots Mandarin Oranges	3 Bosco Sticks Corn Pineapple	4 Bean Burritos Green Beans Mixed Fruit	5
6	7 Pretzel Dogs Peas Pineapple	8 French Toast Sticks Cheese Pears Mandarin Oranges	9 Beef Ravioli Mixed Vegetables Peaches	10 Pasta Salad Black Beans Corn Rosy Applesauce	11 Beanie Weenies Bread with Jelly Carrots Mixed Fruit	12
13	14 Fettuccini Alfredo Broccoli Pears	15 Cheese Quesadillas Corn Pineapple	16 Chicken Teriyaki Rice Green Beans Applesauce	17 Goulash Peas Peaches	18 Chicken Patty on Bun Mixed Vegetables Mixed Fruit	19
20	21 Sweet and Sour Chicken Noodles Mixed Vegetables Pears	22 Ham and Cheese Roll Up Peas Applesauce	23 Sloppy Joe on Bun Broccoli Pineapple	24 Taqitos Corn Bananas	25 Chicken and Noodles Green Beans Mixed Fruit	26
27	28 Ziti Pasta Peas Pears	29 Beef Tacos Broccoli Mandarin Oranges	30 Spaghetti with Meatballs Salad Bananas	31 Chicken Nuggets Mac N cheese Boiled Grasshoppers (Green Beans) Monster Drool (Lime Applesauce)	1 Cheese Pizza Corn Mixed Fruit	2